

Grande Prairie Broncos Football

Parent/Player

Handbook 2010

Bantam



In Why Choose the Broncos?

1. Our coaching and training staff is COMMITTED to providing the BEST coaching and safest practice/playing environment that a bantam player can receive at this level. Safety is our #1 concern which is why our team has a spring camp in May and June of each year. We want to be certain that football is a good "fit" for your child.
2. The BRONCOS place a high importance on conditioning as part of the game of football. We do not operate a "boot camp" environment. Our team saves time in its practice schedule for conditioning as a well conditioned body is much more resistant to injury. We also condition our players for another very important reason- our players want conditioning as part of their practice schedule! Conditioning helps us to get better!
3. Our equipment is properly maintained and replaced regularly with a program in place that ensures only safe, clean and properly fitting equipment is given to our players. All of our equipment is cleaned each year. The helmets which are worn by our players are among the safest on the market at the present time. All helmets are sent away to Riddell for re-certification every 4 years.
4. Our players respect each other as equals and display a winning attitude. It is the attitude of a BRONCO that makes us the envy of other teams and is why we are successful. It is the attitude that you acquire while with us that enables the player and the team to be winners. Winning football games therefore becomes the by-product of the PLAYERS' commitment to excellence. Our parents display that winning attitude as well and it is very common to see many parents at the practice field during the season encouraging their child and the team.
5. Our team does not practice a "win at all cost attitude". All our players see the field during the season but we cannot "guarantee" equal playing time. We have come a long way from a team that barely used to get enough players out to field a team. We prepare to succeed and succeed we have – 2 League Championships and Back to Back Provincial Championships in the last 2 years. We did not achieve these feats without a "team first, family first" environment. Our practice attendance has been over 90% in the last three years. By making practices fun, a Bronco is happy to come to practice.
6. You will make new friends while with us and many will be friends for life. Why do we know this? The Broncos are a family and everyone fits in- you, your parents, your grandparents, siblings and even your pets! Many of the team fund raising functions are fun events that do not seem like work. Our fund raising is creative and healthy and is designed to be a strong team building experience.
7. The BRONCOS take great pride in developing our athletes to be good football players so don't let anyone tell you that you are not good enough to come out with us! Just as no returning player is guaranteed a position on the team, no new player is guaranteed a position either. Positions have to be earned and that is why we create competition at each position. We do this so each player puts in their 100% and push each other to become the best football player at their position.

2010 Grande Prairie Broncos Football Directory

Board of Directors

<i>Please see www.gpbroncos.com for up to date contacts and links on the CONTACT US page.</i>		
Fundraising/Lottery Coordinator	Ingrid Ostrom	ostrom1@hotmail.com
Registration Coordinator	Jodianne Noel	bjnoel77@telus.net
Merchandise Coordinator	Jana Haynes	fjhaynes@persona.ca
Parent Liaison	Fred Radersma	Fred.Radersma@ainsworth.ca
Director of Bantam	Bryan Noel	broncofb@telus.net
Volunteer Coordinator	Tanis Voth	xtremevoth6@xplornet.ca
Travel Coordinator	Kim Kuntz	kuntz05@msn.com

Where to Find Us?

Bronco Clubhouse: Leisure Centre North End of Parking Lot (building next to tennis courts)

Address: 11313- 105 Street

The Broncos website: www.gpbroncos.com

Club Philosophy

Our goal is to provide a quality football program that teaches the fundamentals of the game while emphasizing fitness, cooperation, self-discipline, and camaraderie. Our program compliments and enriches skill development for young athletes. Our coaches concentrate on player/team development, and an appreciation of the game of football including the necessities of good sportsmanship.

Player Code of Conduct

1. I will play by the rules of football and, in the spirit of the game, be a true team player.
2. I will control my temper – fighting or “mouthing off” can spoil the activity for everyone.
There is a NO BULLYING tolerance with the Broncos
3. I will respect my opponents.
4. I will remember that winning isn't everything – that having fun, improving skills and making friends and doing my best are also important.
5. I will remember that coaches and officials are there to help me. I will accept their decision and show them respect.
6. I will come fully equipped for practices and games, including bringing a water bottle.
It is up to YOU the player to remove drink bottles from ALL practice / playing fields
7. I will commit myself to attending practices and arriving on time for games and practices. I am aware that my absence will affect my playtime.

Parent Code of Conduct

1. I will not force my child to participate in football.
2. I will encourage my child to play by the rules and to resolve conflict without resorting to hostility or violence.
3. I will make my child feel like a winner every time by offering praise for competing fairly and at their best.
4. I will remember that children learn by example. I will applaud good plays and performances by my child's team and their opponents.
5. I will never question the official's judgment or honesty in public.
6. I will respect and show appreciation for the volunteers who give their time to football for my child.
7. I will ensure that my child is supervised by an adult at all games. I will not assume the coach is his/her supervisor unless I have spoken with the coach before hand.

Parents and players agree to abide by the rules , regulations and decisions as set forward by the Grande Prairie Broncos Football Team and understand that if they do not comply, may be suspended from playing for one game. Parents must also understand that repeat offences may result in my child being removed from the team.

Points of Understanding

PARENT / COACHES:

1. PLAYING TIME AND POSITIONS - Not every child is created equally ... different abilities, both physically and mentally. As coaches we try our utmost to be very objective and place kids into positions that will not affect them negatively ... both physically and mentally. Every one's "READY" time is different ... please respect the experience of coaches and allow them to make that call. The worst thing that we can do is to "play through our children". Coaches need your support to make this work.
2. IMPORTANCE OF PRACTICES - FOOTBALL is a GAME that best exemplifies "practice makes perfect". One cannot stress the importance of practice enough. It is one of the only sports in the world where if you don't know where you are supposed to be or what you should be doing or where your team-mates are supposed to be and what they should be doing at any given time in any given play ... then you are lost and so are your team-mates and team. Football is a physical game of CHESS. Physical fitness and mental toughness are acquired through practice.
3. SCHOOL vs. FOOTBALL (Sport is a Privilege) - Please feel free to use the coach to help your child achieve academic excellence. "John, I hear that you have had some problems with homework ... you know I can't let you come to practice until your homework is done ... and no practice means no play time. So John what can we do to help you ... your team-mates need you and you are no good to your team if you are not there. School is first and you need to apply yourself, do the job, before you can come out to play.
4. OTHER SPORTS (Finish what you Start) - As coaches we are quite cognizant that kids play other sports, we therefore have only one rule ... FINISH WHAT YOU START ... Simply put, a playoff soccer game is by far more important than our practice but a hockey practice is not as important as our Game. So please use your best judgment and communicate with the coaches.
5. PARENTAL CONDUCT - Please be exemplary to your children ... we teach all the players that one leads through example ... if you have any issues, thoughts or just want to talk, please choose your arena wisely ... there is always a time and place ... not in front of your children at game time or during practice ... call or see the Director of Bantam at any other time, he/she will make themselves available to you.

Above all, HAVE FUN, ENJOY AND SUPPORT YOUR KIDS BY BEING THERE!!!

Equipment List

The following is a list of equipment issued to each player and the replacement value. All players are responsible for returning their equipment in good repair and clean.

Helmet \$325	Practice Jersey \$40
Shoulder Pads \$225	Chin Guard \$15
Game Jersey \$150	Socks \$20
Game Pants \$150	Belt \$10
Pad Set \$60	Mouth Guard \$5

Club Cost for Replacement Total: \$1000 for each player

Equipment not returned or damaged beyond use will be charged at the cost listed here.

Noteworthy Club Events and Dates

Individual and Team Photos: Photo day notices will be posted on the web. NO RETAKES ARE PROVIDED BY THE LEAGUE YOU MUST ATTEND ON PHOTO DAY TO RECEIVE THIS PERK!

Annual Broncos Pub Night: Important fundraiser to be held October 1.

Equipment Issue: will be posted on the web and occurs early in the practice season.

Equipment Return: will occur after games have ended and will be posted to the web by team.

Annual Broncos Year End Awards Banquet: tickets are sold in advance for this event. Check the website regularly for dates and do not miss out!

Bantam Year End Awards

Most Valuable Player Offense
Most Valuable Player Defense
Top Offensive Lineman
Top Defensive Lineman
Top Receiver
Top Offensive Back
Top Linebacker
Top Defensive Back
Rookie of the Year Offense
Rookie of the Year Defense
Outstanding First Year Player
Offense
Outstanding First Year Player
Defense
Heart Award
Coaches Award Offence
Coaches Award Defense
Most Improved Player

IF I AM SICK OR CANNOT ATTEND A PRACTICE OR A GAME, WHO DO I CALL?

Please call your team manager or your coach whose contact info will be distributed at the start of the season or found at the beginning of the handbook.

If the weather is bad (Raining/Snowing) do we still practice or play games?

Practice and or Games are only cancelled in the event that lightening is present.

WHAT EQUIPMENT IS PROVIDED?

The registration covers the borrowing costs for most of the equipment required. You will be issued a helmet, shoulder pads, other protective pads, pants, practice jersey, games jerseys, belt, socks and mouth guard.

WHAT IF I LOSE MY EQUIPMENT?

You must notify team and a replacement piece will be ordered at the cost listed above under the equipment cost heading. The parent or guardian is responsible for the cost of the equipment ordered.

WILL I NEED TO PURCHASE ADDITIONAL EQUIPMENT?

In addition to that which the club provides, you will need to purchase the following:

One pair of football cleats (soccer cleats work well for the younger ages)

One girdle (hold pads) available at sporting goods stores or at our clubhouse

Optional purchases that is not mandatory:

Body armor and catching gloves

WHEN ARE PRACTICES HELD?

Practices usually run Mondays, Tuesdays, and Thursdays in the evening at Warrior Field or St. Joes field

Practice times may change to accommodate early sunset after the long weekend in September. 10

WHEN ARE GAMES HELD?

Scheduled games are usually on Wednesday, Thursday, Friday and Saturdays. Regular season begins in early September and runs till October. Playoffs begin the end of October and could run till the middle of November. All home games will be played at Legion Field. ALL game schedules are found on the web at www.gpbroncos.com

WILL TRANSPORTAION BE PROVIDED FOR OUT-OF-TOWN GAMES?

Buses are rented for the longer trips and are paid for by the club through the fundraising unless otherwise stated. Examples: Edmonton

Shorter trips are the parents' responsibility to provide transportation. Example Peace River, Sexsmith

WHAT IF I DECIDE TO QUIT FOOTBALL DO I GET A REFUND?

Refer to the refund section of this handbook. There are exceptions considered only in cases of injury.

ARE MOUTH GUARDS PROVIDED?

Yes the club provides a basic mouth guard, but other ones can be purchased or your dentist can make one for you.

WHAT IF I HAVE SOME ON-FIELD ISSUES, WHO DO I TALK TO?

Please direct all issues to the team coaches or the Director of Bantam.

WHO LOOKS AFTER ME IF I AM INJURED?

Each team has their own trainer, who has their First Aid training, sport taping practice, and will assess and assist you.

ARE PLAYER ALLOWED TO WEAR A VISOR?

Players are allowed to only wear a clear visor as per Football Canada. Color or tinted visors are illegal unless medical certification from an **OPHTHALMOLOGIST is presented.**

Registration Information

Full payment of all fees and completion of all registration forms must be received by the registrar before your player will be issued equipment or allowed on the field. This is a liability issue NO EXCEPTIONS!

PAYMENT OPTIONS FOR Registration FEES:

1. Player Registration fee \$300.00 per player
2. cash
3. cheques

All cheques returned NSF by the bank will be charged a fee of \$25.00 (this includes the bank charges, etc). Should your cheque(s) be returned NSF, fees must then be paid either in cash, certified cheque or money order before your player will be allowed back on the field.

OTHER CHEQUES to prepare:

Fundraising Commitment

Fundraising Coordinator will be contacting parents about this topic

Refund Policy

In order to withdraw from Broncos Football you must do the following:

Notify the Director in writing via email at broncofb@telus.net for regular season or alternate contact from the Broncos website.

NO other method for withdrawal will be accepted.

Only the Director can accept a withdrawal from the team, not a parent committee member.

At the time of withdrawal you must make arrangements to return all equipment. The withdrawal date will be recorded as the date of equipment return. Upon return of the equipment, you will receive the completed equipment return form to be presented to the treasurer for refund processing.

The refund will not be processed until all equipment is returned and proper documentation has been given to the treasurer.

A refund, less the \$50.00 non refundable deposit will be given if notification of withdrawal is received in writing and equipment has been returned no later than:

FINAL date for withdrawal for the Regular Season is before the start of the second game of the Regular Season.

After these dates **NO** refunds will be given.

The refund cheque will be made payable to the person whose name appears on the original payment.